



How do I set-up an On-Site Massage?

Step 1: Assign a contact person (front desk receptionist works well) to register people for the 10-15 minute sessions. Or create an online company link for employees to schedule themselves. Employees sign-up in advance and arrive at their designated time.

Step 2: Provide a small space where a massage chair can be set-up.

Step 3: Encourage your staff to use your massage program!

REFERENCES

ALIVE AND KICKING PIZZA CRUST
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